

Breakout Sessions

Wednesday 20th September

13.15pm – 14.45pm

A1 - Workshop 90 minutes

From Assessment through Intervention to Moving On (The AIM Project): Working with Families and Carers of Children and Young People who display Harmful Sexual Behaviour

Jacinta Guilhermino, Independent Social Worker and Trainer, DG Etali Ltd for The AIM Project

Lindsey Dickinson, Independent Social Worker and Trainer, DG Etali Ltd for The AIM Project

This experiential workshop will address the research relating to working with families and carers, as well as consider what some of the obstacles may be as to why limited work is currently being undertaken with families. We shall highlight the areas within the assessment process where it is relevant to involve families and carers as well as discuss how to assist families to become more motivated within both the assessment and intervention process. Young people are often rejected by families, often as a result of intra-familial abuse. Restorative justice is part of our programme that addresses how and when to look at reunifying families.

Suitable for all delegates with intermediate experience

A2 - Workshop 180 minutes

Building Competence and Confidence in Adolescents who Display Sexually Problematic Behavior.

Christin Santiago-Calling, CTRS
Director of Recreation Therapy, The Whitney Academy USA

This presentation is a vital component to those doing clinical group work to enhance the work being done by providing tools your clients can use to better communicate, trust and interact with their world. By using the tools provided in the presentation, providers will gain a better understanding of how to truly build confidence and competence within their clients, as well as make treatment and interventions experiential in a safe, non-threatening and practical way, allowing treatment to be fun for all involved thus allowing for greater work to be done.

Suitable for all delegates

A3 - Workshop 90 minutes

The origins of vulnerability and steps to recovery in young people who display Harmful Sexual Behaviour or who are at risk of Child Sexual Exploitation.

Sharron Wareham, Children's Services Manager, Better Futures Taith, Seraf and South Wales Missing Children's Service. Better Futures, Barnardo's Cymru
Information to Follow

Ceri Evans, Programme Manager, Better Futures Cymru, Gwella. Better Futures, Barnardo's Cymru.

This workshop will consider the development of Better Futures Cymru assessment model for children and young people who display Harmful Sexual Behaviour or who are at risk of Child Sexual Exploitation. It will consider the impact of trauma and adverse early life experiences on young people's vulnerability to HSB and or CSE.

The workshop will offer practical approaches and exercises that encourage engagement of children, young people and families around these issues. It will explore cases where dual concerns are present around HSB and CSE. Using a case study delegates will work through areas of assessment as well as key areas of intervention to reduce risk and build resilience in children, young people and families.

Suitable for all delegates

A4 - Workshop 90 minutes

Developing a Sexual Behaviour Service for adolescent males in custody: Preventing sexual harm and promoting healthy relationships.

Dr Celia Sadie, Lead Clinical Psychologist, Central and North West London NHS Foundation Trust

Dr Clare Holt, Clinical Psychologist, Central and North West London NHS Foundation Trust

During this workshop, delegates will learn about the development of the Sexual Behaviour Service at HMYOI Cookham Wood. In addition to outlining the psychiatric, psychological and risk-related needs that

the service is intending to meet, and the challenges - ethical, clinical and systemic - that arise, there will be a particular focus on some innovative research and clinical developments that are intended to prevent sexual harm and to promote healthy relationships amongst this population.

Suitable for all delegates

A5 - Workshop 90 minutes

Current and Future Directions in Preventing the Sexual Abuse of Children: The Work of Stop It Now! UK

Stuart Allardyce, National Manager,
Stop It Now Scotland

Tom Squire, Clinical Manager
Lucy Faithfull Foundation

Stop it Now! UK is a child sexual abuse prevention campaign. This seminar will look at our learning over the last 15 years in providing prevention services across the UK and will explore future directions in the prevention of child sexual abuse. It will cover data on how our Helpline is used and findings from the independent evaluation of our Inform Plus group work with internet offenders. We will also look at early findings from our pilot of online prevention resources for individuals concerned about their own behaviour online, our resources for family members and partners of internet offenders, and our recently launched resources for those who consider themselves at risk of contact offending.

Suitable for all delegates

A6 - Workshop 90 minutes

Understanding the impact of child sexual abuse and practical skills that anybody can use.

Dr Carmen Chan, Clinical Psychologist and Service Lead, Horizon (Supporting Young People and Families Affected by Sexual Harm) - Oxford Health NHS FT

Many who have abused others sexually have often experienced sexual abuse themselves. It is well understood that child sexual abuse can have a devastating and traumatic impact on people. Working with people who have experienced sexual abuse can also provoke a lot of anxiety for practitioners as well. This workshop will provide delegates with a richer understanding of the

traumatic consequences of sexual abuse, with a particular focus on developing practical skills that anybody can use in any setting. This workshop is aimed at practitioners with some experience of working with those who have experienced sexual abuse. The content will be suitable for clients of all ages. *Suitable for all delegates*

A7 - Workshop 90 minutes

Restorative justice or dangerous liaisons? Survivors of sexual violence as volunteers supporting sex offenders in the community.

Dr Nadia Wager, Reader in Forensic Psychology, University of Huddersfield

Chris Wilson, ESRC PhD Student,
Cardiff University

This breakout session is designed to accommodate any person who is working in the field of sexual violence and is designed to challenge and question previously held professional notions of victimisation and survivorship. This is a workshop designed to disseminate the findings of a piece of research commissioned by Thames Valley Police and Crime Commissioners Office. The objective of this research was to test whether there was evidence of any restorative processes occurring for those survivors of sexual violence who volunteer to support sex offenders released from prison and living in the community. A presentation of the research findings will be made followed by a discussion related to the possible implications for policy and practice, both for volunteers working in CoSA and professionals working in the wider field of risk management. Experiential exercises will be used to facilitate participants exploring their own perceptions of victimisation, survivorship.

Suitable for all delegates

A8 - Workshop 90 minutes

Using Group-Centered Group Therapy to Directly Treat Attachment and Relationship Deficits of Sexual Abusers.

Jerry L. Jennings, Ph.D, Vice President of Clinical Services, Liberty Healthcare Corporation (USA)

Adam Deming, Psy.D., Executive Director Liberty Behavioural Healthcare Corporation Services (USA)

Beginning with Marshall's attachment theory of the etiology of sex offending, this workshop summarizes the three types of insecure attachment, and the empirical support for attachment deficits in sexual abusers, which shows high rates of loneliness, intimacy deficits, isolation, and aversive childhood upbringing. Given that many of the central problems and social deficits of sexual offenders are clearly interpersonal in nature, group therapy is the ideal modality for directly treating attachment deficits. Using live demonstrations and interactive case examples, this workshop explains how each type of insecure attachment is revealed in group behavior, the mediating importance of group cohesion and group therapeutic climate, and interventions specific to each type of insecure attachment.

Suitable for all delegates

15.15pm – 16.45pm

B1 - Seminar 90 minutes

'Cyber Cycles. ': Resolving competing theories as to the aetiology and maintenance of CSAM viewing

Michael Sheath, Practitioner, Lucy Faithfull Foundation

The seminar will consider the 'direction of travel' of viewers of on line Child Sexual Abuse Material by offering a 'Cyber Cycle' which will enable assessors and interviewers to formulate an assessment of clinical need. Two main strands will be set out. One is the use of Schema Theory to illuminate the ideological component of CSAM viewing, essentially the beliefs and values about children and sex which CSAM itself can be said to promote. Second is the use of Sexual Addiction Theory, to set out the forces to which viewers of both sexually explicit material and CSAM are subject, and which influence and shape their conduct. These strands are incorporated into a coherent model, which is an adaptation of both Wolf and Gaunt's work, but which offers perspectives from other disciplines than traditional 'sex offender' theory.

Suitable for all delegates

B2 - CONTINUATION OF A2

B3 - Research Papers Session 1

Chair: Mitch Waterman

4 x 20 Minute Presentations:

1. Children who have Engaged in Harmful Sexual Behaviour; Exploring the Experiences of their Parents

Elisabeth Archer, Clinical Psychologist in Training University of Hertfordshire/ Avon and Wiltshire Mental Health Partnership NHS Trust;

Dr Melanie Turpin, Clinical Psychologist, Be Safe Service, Avon and Wiltshire Mental Health Partnership NHS Trust

The importance of parental involvement in treatment approaches to working with young people who have engaged in Harmful Sexual Behaviour (HSB) is consistently highlighted within the literature. Despite this, the personal lived experiences of birth parents of young people who have engaged in HSB remain little understood. Semi-structured interviews with parents explored four broad areas of interest: the personal psychological impact of their child engaging in HSB, the impact on the parent-child relationship, wider familial and community responses and parental coping. Findings are discussed, alongside key practice implications.

Suitable for all delegates

2. Female Child Sex Offenders: Exploring the Impact on Victims

Andrea Darling, Phd Researcher, Durham University

This research presentation is suitable for all delegates and will discuss a recent mixed methods research project exploring female sex offenders, particularly those who sexually abuse children and young people whilst working in positions of trust (e.g. teachers, social workers, sports coaches). The presentation will explore both the short and long term impact on victims of abuse perpetrated by these offenders as well as the extent to which victim experiences are taken into account in reaching sentencing and punishment decisions. Delegates will learn about the research methodology and findings as well as potential implications for policy and practice. The presentation aims to raise awareness of this specific type of abuse and the experiences of victims. It should be of interest to professionals working in the criminal justice system, those in therapeutic and counselling roles as well as practitioners from child care environments.

Suitable for all delegates

3. The Treatment of Trauma Symptomatology and Mental Health Issues in Adolescents

James Jackman, Assistant Psychologist - SWAAY

This study investigates the effectiveness of a treatment programme which aims to reduce trauma symptomatology and mental health problems in a sample population of adolescent males who have experienced trauma and who have perpetrated harmful sexual behaviour. Analysis of pre and post-treatment psychometric data indicates positive treatment effects on some of the trauma symptoms and mental health problems assessed, however areas in which improvements were made were not consistent across the various assessment tools used.

Suitable for all delegates

4. How would a child see it?

Lisa Thornhill, Senior Practitioner Children and Young People, The Lucy Faithfull Foundation

Little is known about the impact on a child when their parent is arrested for downloading indecent images. This research explored the journey of children and their families' experience of intervening services. The research provides valuable insights for practitioners regarding how they can best support children and young people.

Suitable for all delegates

B4 - Workshop 90 minutes

Police officers understandings of sex offender management in England and Wales

Dr Kieran McCartan, Associate Professor in Criminology, University of the West of England, Bristol

Dr James Hoggett, Senior Lecturer in Criminology, University of the West of England, Bristol

This workshop will discuss and examine police officer understandings of and attitudes to the sex offenders register, ViSOR, ARMs and Child Sexual Offender Disclosure Scheme (CSODS) in England and Wales; an under researched area in the management of sexual offenders in the UK.

Suitable for all delegates

B5 - Workshop 90 minutes

Chemsex and Sexual Crime

Steve Morris, Forensic Psychotherapist / Facilitator C-SOGP, National Probation Service London Division

The rise of chemsex within the UK male gay scene has been a concern of sexual health agencies for some time. There are now indicators within criminal justice agencies that a growing number of sexual offences are occurring associated with the chemsex and the particular context in which it takes place. Two high profile cases (Brizzi and Port) have raised new and challenging issues which at present the criminal justice system are struggling to understand. This is a new phenomenon requiring new understanding and creative responses. This seminar will provide insight into what chemsex is, its effects on the individuals involved, the reasons why it exists, the specific nature of the associated sexual offences and will highlight what considerations are needed to establish a working model for compassionate intervention.

Suitable for all delegates

B6 - Workshop 90 minutes

Technology-assisted harmful sexual behaviour

Dr Vicki Hollis, Evaluation Officer NSPCC, Evidence Department

Emma Belton, Associate Head NSPCC, Evidence Department

Patrick Branigan, Development and Impact Manager, NSPCC

This symposium brings together research and practice in relation to harmful sexual behaviour which has been assisted in some way by the use of technology (technology-assisted harmful sexual behaviour; TA-HSB). We will start by outlining the findings from a comprehensive review of the research literature in this area. The findings from our own primary research exploring the backgrounds and characteristics of children and young people with TA-HSB will then be presented, alongside case examples from the NSPCC's therapeutic HSB service. The symposium will end with a discussion as to how we have used the findings from the current research literature to inform the development of a training package for practitioners working in this field.

Suitable for all delegates

B7 - Workshop 90 minutes

Working with Adolescents Who Have Sexually Abused: Turning Research Into Practice

Jacqueline Page, Associate Professor/Licensed Clinical Psychologist, University of Tennessee Health Science Center-Department of Psychiatry USA

This workshop focuses on using research in our practice. How the RNR principles impact our interventions will be outlined including examples of adapting interventions due to responsivity factors. Strategies and approaches to engage the youth and his/her family will be presented. A different approach to distortions and minimizations will be discussed including interventions to explore world views. Interventions to promote healthy living will be provided. Participants will be encouraged to join in the discussion and share ideas.

Suitable for all delegates

B8 - Workshop 90 minutes

Empathy: Exploring aspects of empathy, what it is and is it relevant?

This workshop is made up of three presentations on the subject of empathy. It will be largely didactic in presentation but will allow time for discussion at the end of the session.

The neurobiology of empathy

Professor Anthony Beech, Professor of Criminological Psychology, University of Birmingham

An overview of empathy and its relevance to working with sex offenders

Dr Dawn Fisher, St Andrew's Healthcare, Birmingham

Deliberate empathy: Using empathy to develop empathic responses in young people for themselves and others

Sharron Wareham, Children's Services Manager, Better Futures Cymru, Barnardos

Thursday 21st September

13.30pm – 15.00pm

C1 - Workshop 90 minutes

Working with Parents and Carers of Young People Displaying Harmful Sexual Behaviour

Jill Duncan, Family Systemic Therapist, National Clinical Assessment and Treatment Service (NCATS)

Jessica Cairns, Children's Services Practitioner, National Clinical Assessment and Treatment Service (NCATS)

Research and guidelines are calling for family work as a key component to interventions for young people displaying harmful sexual behaviour. This workshop will explore what is Family work? How can this be implemented in current practice, and what are the challenges. This workshop will include an introduction to a newly developed psychoeducational programme developed by NCATS which is currently being piloted across the country.

Suitable for all delegates

C2 - Workshop 90 minutes

Developments in the assessment of risk of child sexual exploitation - The NWG Assessment Tool

Phil Brown, NWG Network

The NWG has developed the tool to support multi-agency staff to better exercise professional judgement and to promote greater involvement of children, young people and parent(s)/carer(s) in the assessment and planning process. The tool moves away from a scoring and tick box approach and is designed to be used to inform rather than determine professional judgements. This approach will require good engagement with children and their families to complete the assessment. The tool is designed not only to assess risk but to identify need and opportunities for intervention as early as possible.

The workshop will provide attendees with a brief introduction to the tool and context on it's development, in depth consideration of the engagement of children and young people and their parents in the assessment process and guidance on how the tool should be used to ensure actions are solution-focused and relevant to the individual case.

C3 - Workshop 180 minutes

Crossing the Line: Using theatre and theatrical technique to explore the experiences of non abusing carers whose partners have been involved in the consumption of Child Sexual Abuse Material.

Michael Sheath, Practitioner,
Lucy Faithfull Foundation

Louise Heywood, Deputy Artistic Director,
Geese Theatre Company

The workshop will include a performance of a theatrical monologue, 'Crossing the Line', which considers the experiences of a woman whose husband is arrested for possession of Child Sexual Abuse Material. This piece was written by Michael Sheath of the Lucy Faithfull Foundation and was performed last year, as part of Worcester's 'Jump Start' project, for previously unperformed works. It will be performed in the workshop by Louise Heywood from Geese Theatre Company.

The Workshop will consider themes and perspectives arising from the Lucy Faithfull Foundation's 'Inform Plus' groupwork programme, which offers counselling, education, and support to women affected by their partner's use of Child Sexual Abuse Material.

This experiential workshop will also provide a practical insight into some of the theatre and drama techniques Geese has developed to work with groups, focussing specifically on material for work with non-abusing carers. In more detail this section of the workshop will focus on:

- Using active exercises to build rapport, group cohesion and trust
- The creation and use of fictionalised characters to explore emotive experiences at 'one step removed'
- Working with metaphor and 'mask' in groups.

Suitable for all delegates

C4 - Workshop 180 minutes

How to work with children and young people who have sexualised histories: Ideas from practice.

Kathryn Lawrence, Team Manager
Barnardo's Better Futures Taith Service

Wendy Steer, Service Practitioner
Barnardo's Better Futures

This workshop is for practitioners / professionals who carry out or who are interested in direct practice with children and young people who display sexually problematic/harmful behaviour. We will consider how direct work has developed within the Better Futures Taith Service and, using examples from our practice, we will consider some practical ideas around how to work effectively with this diverse group of children/young people. We will consider some of the most important themes within this area of work such as: Creating a safe space; Working with denial; Talking about sexual behaviour with young children / traumatised children; Assessing sexual behaviour.

Suitable for all delegates

C5 - Workshop 90 minutes

Sexual explicit material as a learning tool? Research findings and practice implications for working with young people with an Autism Spectrum Condition

Mary Morgan, Therapist, Woodlands

Jodie Harrison, Family and Systemic
Psychotherapist, Woodlands

Previous research suggests that young people with an ASC have a lower level of sexual knowledge than their peer group. These research findings from Woodlands give an insight into the reasons this group accesses sexually explicit material and ways in which it can inform formal and informal sex and personal relationship teaching in education provisions and home settings. It will also suggest alternative therapy interventions to provide more effective outcomes.

Suitable for all delegates

C6 - Workshop 90 minutes

Intervening with Adolescents Who Sexually Abuse: Some Creative Ideas for the Challenges

Jacqueline Page, Associate Professor/Licensed
Clinical Psychologist, University of Tennessee
Health Science Center-Department of Psychiatry
USA

Working with adolescents who have sexually abused includes challenges including working with youth who don't seem to be motivated or who don't seem to be grasping what you're presenting. The youth may have learning problems or you're working with youth with different learning styles. This energetic, interactive workshop provides concrete interventions/exercises to address these challenges.

Suitable for all delegates

C7 - Workshop 90 minutes

Ethics and Issues of Secondary Prevention Efforts in Child Sexual Abuse

Dr Kieran McCartan, Associate Professor in Criminology, University of the West of England, Bristol

Dr Hannah Merdian, Senior Lecturer in Psychology, University of Lincoln

Prof Derek Perkins, Professor of Forensic Psychology, Royal Holloway University of London

Danielle Kettleborough, PhD Researcher, University of Lincoln

This paper discusses the ethical, practical and moral issues surrounding secondary prevention efforts of child sexual abuse from a professional and practice-based perspective.

Suitable for all delegates

C8 - Workshop 90 minutes

Using Schema Therapy to improve sex offender intervention: formulation and emotional change

Lisa Wright, Clinical Psychologist
Mersey Care NHS Foundation Trust

Schema Therapy was developed to address enduring and difficult to treat personality and mental health problems. It conceptualises offending behaviour as having its origins in unmet childhood needs, the resulting 'schemas' and the maladaptive coping 'modes' individuals learn to use. Activation of these schemas and modes can stop the individual from accessing and using information and learning gained during sex offender treatment programmes. Incorporation of Schema Therapy into sex offender work allows for a more comprehensive and idiosyncratic understanding of risk, facilitating greater opportunity for psychological change and reduction of risk of re-offending. A description of the Schema Therapy model and its use within sex offender work (both group and 1-1) will be provided.

Suitable for all delegates

15.30pm – 17.00pm

D1 - Workshop 90 minutes

Assessing Internet Sex Offenders

Roger Kennington, Independent Consultant,
Roger Kennington Consulting

This seminar will review current research about static and dynamic risk factors in relation to internet sex offenders and examine their practical application to assessment in different contexts.

Suitable for all delegates

D2 - Research Papers Session 2

Chair: Mitch Waterman

4 x 20 Minute Presentations:

1. Treating sex offenders in Valencia

Virginia Soldino, Predoctoral Fellow,
Universitary Institute for Criminology and Criminal Science Research (University of Valencia) Spain

Treatment programs for sex offenders applied in Valencia (Spain) are presented: one for contact sex offenders with adult victims (PCAS-A), another for contact sex offenders with child victims (PCAS-M) and one for online sex offenders with child victims ('Fuera de la Red' / 'Out of the Net'). Preliminary data on the profile of the users are described.

2. Assessing the Risk: Protecting the Child - learning from an NSPCC service designed to assess men who pose a sexual risk to children

Emma Belton, Associate Head - Evidence Department, NSPCC

Assessing the Risk, Protecting the Child (ARPC) is an NSPCC service that assesses men who pose a sexual risk to children and are not in the criminal justice system. The service includes an assessment of the man deemed to be a risk as well as the capacity of the non-abusing parent/carer to protect the child, and the views and wishes of the children involved. This session presents the findings from the evaluation of the service. This involved feedback from those assessed, referrers to the service and NSPCC staff conducting the assessments. It also involved a tracking exercise of what happened after assessments had been completed. The session will draw out the key learning points for others who may be delivering similar services.

3. Turn the Page - The evaluation of a manualised treatment programme for young males (12-18) with harmful sexual behaviour

Emma Belton, Associate Head - Evidence Department, NSPCC

Pat Branigan, Development and Impact Manager, NSPCC

As part of the Turn the Page service, the NSPCC has been using the Change for Good manual (McCrorry, 2011) to work with young males aged 12–18 years with harmful sexual behaviour. This session presents the findings from the evaluation of the manual. The evaluation used standardised measures matched to the main treatment components of the manual to measure change in young people before and after the programme. It also had a qualitative component, consisting of case study interviews with young people, their parent or carer, the referrer and the NSPCC practitioners delivering the work, to understand the barriers and facilitators to young people engaging with and making progress on the programme. The session will also present the suggested changes and improvements to the Change for Good model that came out of the evaluation and outline our proposals for taking these forward.

4. Assessment and Treatment Planning for Users of Child Sexual Exploitation Material - a Feasibility Study

Hannah Merdian, Senior Lecturer in Psychology, University of Lincoln

Derek Perkins, Visiting Professor & Consultant, Royal Holloway University of London & Broadmoor Hospital

The downloading, possession, and production of child sexual exploitation material (CSEM) is a growing offence behaviour of international scale (UK Crown Prosecution Service, 2015) and presents a significant risk to children online and offline. However, there are no assessment and treatment models specifically developed and validated for this offender group, with existing interventions potentially failing to target key risk enhancing (and protective) variables. The applicants developed the first case formulation model specific to CSEM users; the Model describes typical pathways to the offending behaviour, and provides systematic guidance for the assessment and treatment planning of detected CSEM users. The presentation will present initial findings of a feasibility study on the clinical use of the Pathways Model with a community treatment center.

D3 - CONTINUATION OF C3

D4 - CONTINUATION OF C4

D5 - Workshop 90 minutes

An attachment and trauma focused approach to working residentially and therapeutically with young people who have perpetrated sexual harm.

Siobhan Smith, Therapeutic Practitioner, SWAAY Child & Adolescent Services Ltd

Sam Slater, Integrative Child Psychotherapist in training, SWAAY Child & Adolescent Services Ltd

This workshop will outline how the the service provision at Swaay has developed in line with the increased understanding of the importance of trauma, neuroscience, attachment and relational therapy and explore how to tread the fine line between relational therapy and offence-focused work. Interactive examples of how to engage these young people at different points of their journey through therapy, whilst being mindful of both trauma and risk literature, will be given with the aim of encouraging discussion and providing delegates with some tools to take home.

Suitable for all delegates

D6 - Workshop 90 minutes

Utilising a Dialectic Behaviour Therapy (DBT) approach when working with young people who have been diagnosed with ASD, ADHD and/or Intellectual Disabilities/ Neurodevelopmental Disorder and who display harmful sexual behaviours.

Anette Birgersson, Clinical program director, Psychotherapist CBT/DBT/ERGT/TF-CBT/PE Off.Clinic/Humana, Sweden

Marie Wassberg, Psychotherapist (CBT/DBT/TF-CBT/PE) The Priory Hospital North London (staff)

Children and Adolescents with ASD, ADHD and/ or Intellectual Disabilities often have difficulties with emotional regulation and social interactions (Shingler, 2004). We will be talking about our programme that is a Dialectic Behaviour Therapy (DBT)-based approach for the above client-group who also have displayed harmful sexual behaviours. We believe that with this specific client-group, it places a greater emphasis on improving the skills relating to managing emotions better and to improve intrapersonal and interpersonal skills (Brown, J. F., Brown, M. Z., & Dibiasio, P., 2013). DBT offers a strengths based approach that directly targets the major areas of concern for young people

who display sexual behaviours, such as: emotional regulation, lack of relationship skills and self esteem. (Singh, N. N., et al 2011). The program is structured in seven components and the treatment is done in a close collaboration between behaviour-therapists in the everyday work and the CBT/DBT-therapists running individual and group therapy.

D7 - Workshop 90 minutes

The Status Of Evidence Based Practices with Sexual Abusers: Recommendations for the Use of a True EBP Model

Adam Deming, Psy.D., Psychologist, Executive Director, Indiana Sex Offender Management and Monitoring Program/Liberty Behavioral Health Corporation USA

The field of sexual abuser treatment has not yet established processes for the development and implementation of evidence-based practices (EBPs). This seminar provides a description of the systematic process necessary for establishing clinical activities with sexual abusers as evidence-based. The current status of EBP's in the field of sexual abuser treatment is reviewed, and suggests that clinical activities within the field are significantly influenced by new paradigms that are perceived as intuitively meaningful and needed, rather than by what has been determined to be scientifically efficacious. This trend and other processes in our field that seem to be hindering the development of EBPs with sexual abusers are discussed, and recommendations for moving the field of sexual abuser treatment toward the use of a true EBP model are provided.

Suitable for all delegates

D8 - Workshop 90 minutes

The Restore Project: Collaborative Approaches to working with children and young people who have harmed sexually and those they have harmed

Stephen Barry, Principal Clinician/Service Manager, Be Safe Service

Ruth Archer, Clinical Lead - Children & Young People's Services, The Green House

This workshop will share key learning and evaluation outcomes from the Restore Project which is a two year pilot project funded by the Avon and Somerset

Police and Crime Commissioner to enable children and young people who have been victims of sexual abuse to access support to take part in a restorative justice approach. The focus of the pilot project is on victims who have been harmed by a child or young person. The aim of the process is to help victims resolve and restore the damage that has been caused as a result of the abuse. The Project is a collaboration between three Bristol services, The Green House Sexual Abuse Counselling Service, the Be Safe Service for children and young people with problematic/harmful sexual behaviour, and the Bristol Youth Offending Team. There will be an opportunity to gain an understanding of the needs of those who have been harmed and those who have harmed and those supporting them, to develop an understanding of the referral, assessment and therapeutic processes including the assessment guide and framework, as well as the facilitation of restorative meetings within either a Restorative Justice meeting within the Criminal Justice framework or therapeutic meeting. In addition to this we will share examples of additional benefits of this project in terms of considering the needs of children and young people in a more collaborative, holistic and systemic way ensure better outcomes for all those involved in the project.

Suitable for all delegates
